

Royal Baking Powder

Absolutely Pure

Made from Pure Grape Cream of Tartar

In baking powder Royal is the standard, the powder of highest reputation; found by the United States Government tests of greatest strength and purity.

It renders the food more healthful and palatable and is most economical in practical use.

Housekeepers are sometimes importuned to buy alum powders because they are "cheap." Yet some of the cheapest made powders are sold to consumers at the highest price.

Housekeepers should stop and think. Is it not better to buy the Royal and take no chances—the powder whose goodness and honesty are never questioned?

Is it economy to spoil your digestion by an alum-phosphate or other adulterated powder to save a few pennies?

ROYAL BAKING POWDER CO., NEW YORK

THE CHURCHES.

First Presbyterian.

Rev. George L. Curtis, Pastor. Sunday services: Morning worship 10:30 Sabbath-school, 12:10. Christian Endeavor, 2:00. Evening worship, 7:45 P.M. Prayer-meeting each Wednesday night.

Westminster Church.

Rev. George A. Paull, Pastor. Divine Worship at 10:30 A. M. and 7:45 P.M. Sunday-school at 12:15. Young People's Prayer Meeting at 6:45 P.M. A cordial welcome all.

Park Methodist Episcopal.

Rev. Dr. G. S. Woodruff, pastor. Morning meeting Miraph Brotherhood 8:45 A. M. Church Services at 10:30 A. M. and 7:30 P. M. Sunday-school at 12:15. Vesper service Epworth League 5:30 P. M. Tuesday evening's classes meet at 8 P. M. Wednesday evening, prayer service at 8 P. M. Friday afternoon at 3 o'clock Junior Epworth League.

German Presbyterian.

Sunday services: Preaching by the pastor, Rev. Emil J. Buttinghausen, at 10:30 A. M. and 7:30 P. M. Sunday-school at 2:15 P. M. Prayer-meeting, Tuesday at 8 P. M. Young People's Society, Friday, at 8 P. M. Young Men's Christian Association meets on Thursday evenings at 8 P. M.

First Baptist Church.

Rev. Fred W. Bule, pastor. Sabbath preaching services at 10:30 A. M. and 7:30 P. M. Sunday-school at 12:15. Young Men's Prayer and Soul Winner's Circle, Sabbath at 6:45 P. M. Christian Endeavor meeting Tuesday at 8 P. M. General Prayer and Conference meeting Wednesday at 8 P. M. Junior Endeavor Friday at 3:30 P. M. Everybody welcome. All seats free.

Glenwood Congregational.

Corner of Glenwood Avenue and Clark Street. Rev. Elliott Wilber Brown, D.D., pastor. Sunday morning worship at 10:45; Sunday-school at 12:15; Young People's Society, Friday, at 8 P. M. Evening worship at 7:45; Church prayer-meeting Wednesday at 7:45 P. M.

Watessing M. E. Church.

Rev. S. Treven Jackson, Ph. D., Pastor. Devotional Meeting 9:30 A. M.; Preaching 10:30 A. M., subject: "Good Obedience." Sunday-school at 2:30 P. M. Epworth League, at 6:30 P. M. Preaching at 7:30 P. M., subject: "Does Death Deserve All."

Church of the Sacred Heart.

The Rev. J. M. Nardello, pastor. First Mass, 8:30 A. M. Mass and sermon, 8:30 A. M. High Mass and sermon, 10:30 A. M. Sunday-school, 3 P. M. Vesper service, 3:30 P. M.

East Orange Baptist Church.

Prospect Street. Services at 11 o'clock A. M. and 7:45 P. M. Sunday School at 12:30 P. M. Prayer-meeting at 7:45 Friday evening.

Montgomery Chapel.

Wilson S. Phane, Superintendent. Preaching every Sunday evening at 8 o'clock. Service of Song at 7:45 P. M. Sunday-school at 3 P. M. Young People's meeting at 7:15 P. M.

During the week the gymnasium and reading room are open for men and boys Monday, Tuesday, Wednesday and Saturday evenings from 7:30 to 10 P. M. and on Saturday afternoons from 2:30 to 5:30 P. M.; for ladies and girls on Thursday evenings from 7:30 to 10 P. M. Montgomery Chapel Cadets will drill on Friday evening.

Christ Episcopal.

Cornelius Bloomfield and Park Avenue, The Rev. Edwin A. White, rector. SUNDAY SERVICES: Celebration of Holy Communion, 8 A. M. Morning prayer and sermon, 11 A. M. Sunday-school at 9:30 A. M. Choral Even Song, 4:30 P. M.

Unity Church (Unitarian).

Unity Church (Unitarian) Church, Monclair. Sunday, February 18. Rev. John Wallace Cooper, Ph. D., of Pittsburgh, Pa., will preach. Subject: "The Christian Ideal of Man." Services begin at 10:45. The seats are free and all are welcome.

"D-lighto"
THE DESSERT MAKER
Formerly Known as **Dessert**.
D-lighto At All Grocers, 10 cts.

VARIETIES OF CRAMPS.

Curious Afflictions of Men in Various Walks of Life.

One of the curious consequences of the modern division of labor is the cramp that attacks those who constantly use their hands in one particular manner.

Writing cramp was the first to appear, being quite unknown until the introduction of steel pens. It affects men far oftener than the fair sex, and singularly, those who suffer are not literary men, but copyists. It is almost incurable, and even when the left hand is used the cramp very soon crosses over to it.

Musicians of every kind are attacked. Among pianists it is chiefly ladies ambitious to become professionals who are the victims. Violent pain, weakness and fatigue of the arm make playing an impossibility. Violinists are affected both in the fingers of the left hand and the hand that holds the bow. Clarinet players get cramps of the tongue, and flute players get cramp in the larynx.

Telegraphers suffer very often, and they call it "loss of the grip." Tailors get cramps in legs as well as hands. Smiths and carpenters get what is called "hammer cramp," resulting from the enormous number of blows struck. It is estimated that a forged of knives and scissors strikes 28,000 blows every day.

Drivers get cramps in the hand, especially in the case of those who break in hard-mouthed horses. Cigarmakers, watchmakers, photographers, auctioneers, sawyers, billiard players, dentists, turners, stampers, weavers, painters, money counters and ballet dancers—all suffer from their own peculiar cramps and often so severely that they have to exchange their employment for some other.

CRIMINAL BEES.

Honey Gatherers That Have Very Loose Moral Ideas.

Almost every form and variety of human crime is to be found among animals. Cases of theft are noticed among bees. Buchner in his "Psychic Life of Animals" speaks of thiefish bees which, in order to save themselves the trouble of working, attack well stocked hives in masses, kill the sentinels and the inhabitants, rob the hives and carry off the provisions. After repeated enterprises of this description they acquire a taste for robbery and violence. They recruit whole companies, which get more and more numerous, and finally form regular colonies of brigand bees.

But it is still more curious fact that these brigand bees can be produced artificially by giving working bees a mixture of honey and brandy to drink. The bees soon acquire a taste for this beverage, which has the same disastrous effects upon them as upon men. They become ill disposed and irritable and lose all desire to work, and finally, when they begin to feel hungry, they attack and plunder the well supplied hives.

There is one variety of bees—the sphecodes—which live exclusively upon plunder.

How to Rest.

To understand how to rest is of more importance than to know how to work. The latter can be learned easily. The former it takes years to learn, and some people never learn the art of resting. It is simply a change of scenes and activities. Leafing may not be resting; sleeping is not always resting; sitting down for days, with nothing to do, is not restful. A change is needed to bring into play a different set of faculties and to turn the life into a new channel. The man who works hard finds his best rest in playing hard; the man who is burdened with care finds relief in something that is active, yet free from responsibility. Above all, keep good natured and don't abuse your best friend, the stomach.

Hopping From World to World.

Few children reach the age of eight years without having worked out a cosmology of their own and their own system of metaphysics. A group of youngsters of that mature age were going home from school the other day when one began to instruct the others what to do in case of a certain crisis. "When the end of the world comes do you know what you want to do?" asked the mamskin. "Well, you want to give a little jump like this." The world will slip out from under you, and you'll light on the one follow-in' and be all right." Then the youngsters began practicing the sort of jump that was necessary to give them immortality.—Kansas City Times.

Algebra.

The science of algebra is said to have been the invention of Mohammedan of Buzlana about 850 A. D. The science was introduced into Spain by the Moors. The first treatise on the subject in any European language is believed to have been that by Luca Pacioli in 1494. The first English algebra was written by Robert Recorde, teacher of mathematics, at Cambridge about 1557. He was the first to use the sign of equality.

In the Frozen North.

"I suppose the native chiefs set elaborate tables."

"Yes," said the eminent arctic explorer guardedly; "they usually put on a good deal of dog."—Louisville Courier-Journal.

Influence.

He—Has she been married long? She—No, but she still thinks that her husband eats cloves because he likes them.—San Francisco Call.

There's nothing but what's bearable as long as a man can work.—Eliot.

BLOOMFIELD TRUST CO.

No. 1 BROAD STREET, Bloomfield, N. J.

3 PER CENT. Interest on Deposits Subject to Check.
4 PER CENT. on Time Deposits.

LEGAL DEPOSITORY FOR TOWN AND COUNTY MONEYS, COURT AND TRUST FUNDS.

Accounts of All Kinds Solicited.

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Chas. R. Underwood

REPORT OF THE CONDITION OF

the Bloomfield Trust Company of Bloomfield, N. J., at the close of business April 6, 1906.

RESOURCES.	
Bonds and mortgages.....	\$243,600.00
Stocks and bonds.....	268,668.75
Time loans on collateral.....	268,668.75
Deposits on account of individuals.....	11,450.00
Loans to cities and towns.....	6,000.00
Notes and bills purchased.....	102,000.00
Overdue notes.....	10,425.00
Due from banks, etc.....	84,432.88
Banking-house, furniture and fixtures.....	1,400.00
Cash on hand.....	12,077.45
Checks and cash items.....	672.67
Other assets.....	6,084.28
	\$89,850.66

LIABILITIES.

Capital stock paid in.....	\$100,000.00
Surplus fund.....	30,000.00
Undivided profits (net).....	38,880.75
Time deposits.....	47,084.86
Checking deposits.....	4,083.40
Other liabilities.....	8,925.00
	\$219,077.65

STATE OF NEW JERSEY, COUNTY OF ESSEX, 1906.

WILLIAM H. WHITE, President, and JOSEPH H. DODD, Treasurer, of the above named corporation, severally certify that the foregoing self-deposits and says that the foregoing statement is true to the best of his knowledge and belief.

WILLIAM H. WHITE, President.
JOSEPH H. DODD, Treasurer.
Subscribed and sworn to before me this twelfth day of April, A. D. 1906.

CHAS. S. ANDREW,
Notary Public of N. J.

Correct—Attest:

EDWIN M. WARD,
JOHN SHERMAN,
EDWARD D. FARMER,

Directors.

REPORT OF THE CONDITION OF

the Bloomfield National Bank, at Bloomfield, in the State of New Jersey, at the close of

RESOURCES.

Loans and discounts.....	\$365,540.95
Overdrafts, secured and unsecured.....	451.14
U. S. Bonds to secure circulation.....	50,000.00
Deposits on account of individuals.....	35,917.45
Due from National Banks (not received).....	39,000.00
Due from State Banks and Bankers.....	500.00
Due from approved reserve agents.....	206,884.00
Checks and other cash items.....	319.97
Due from National Banks.....	1,498.00
Fractional paper currency, nickels and cents.....	544.00
Total.....	\$1,219,077.65

LIABILITIES.

Capital stock paid in.....	\$100,000.00
Surplus fund.....	10,000.00
Undivided profits, less expenses and taxes paid.....	46,000.00
Time deposits.....	47,300.00
Due to other National Banks.....	12,211.64
Due to State Banks and Bankers.....	2,831.00
Due to Trust Companies and Savers.....	15,716.34
Individual deposits subject to check,	